



# Yin & Yang Mittens



A MOREHOUSE ORIGINAL

**Size:** Adult medium

**Yarn:** 2 skeins of Morehouse Merino 3-Strand (worsted weight);  
1 skein black and 1 skein white

**Needles:** set of double-pointed #4 or #5  
(size to obtain correct gauge)

**Gauge:** 5 stitches = 1 inch over stockinette stitch

**Other Tools:** 2 small stitch holders  
(paper clips will also work)

**Cast on** 48 stitches. Distribute stitches evenly over four needles (you'll use the fifth needle to knit with). Join and knit 10 rounds. Next round: \*knit 2 together, knit 10; rep from \* to end of round. Knit another 10 rounds. Next round: \*knit 2 together, knit 9; rep from \* to end of round. Knit 12 rounds.

**Thumb gusset:** knit 1 stitch, place marker, increase 1 stitch, place second marker, knit to end of round. Knit 2 rounds. Work these 3 rounds a total of 6 times, increasing 1 stitch after first marker and 1 stitch before second marker, until you have 13 stitches between markers. Next round: knit 1, place next 13 stitches on stitch holder, and knit to end of round (to avoid gap, pull yarn tight after that first stitch). Now knit 25 rounds (or until your little finger is covered).

**Decreases for fingertips:** \*knit 4 stitches, knit 2 together; rep from \* to end of round, ending round with knit 4. Knit 4 rounds. Next: \*knit 3 stitches, knit 2 together; rep from \* to end of round, ending with 4 stitches. Knit 3 rounds. Next: \*knit 2 stitches, knit 2 together; rep from \* to end of round. Knit 2 rounds. Next: \*knit 1 stitch, knit 2 together; rep from \* to end of round. Knit 1 round. Next: \*knit 2 together; rep from \* to end of yarn. Pull yarn through remaining stitches.

**Thumb:** work in contrasting color—if mitten is black, use white for thumb and on white mitten, use black yarn for thumb. Place 13 stitches from stitch holder on 3 needles and pick up 3 stitches between first and last stitch. Knit 20 rounds. Next round: \*knit 2 together; rep from \* to end of round. Pull yarn through remaining stitches.

Reverse yarn colors in second mitten.

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