

Atlas Headband



Size: 19" circumference
Need to adjust the size slightly? Adjust your needle size!

Yarn: 2 skeins of Morehouse Merino 3-strand worsted

Needles: US #6 or size to obtain gauge

Gauge: 4 1/2 stitches to the inch (18 sts = 4")
over double-knit stockinette



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Cast on 168 stitches and join to work in the round, being careful not to twist.

Add second color and begin double-knitting.

Round 1: *k1 in main color, p1 in contrast color, repeating from * to end of round. Be sure to move both yarns forward and back together so that they don't create floats on the outside!

Repeat round 1 twice more for a total of 3 rounds.

Begin Atlas Chart. The next 14 rounds (Rounds 4-17 of your project) will follow the chart for 6 repeats.

Rounds 18-20: your choice! You'll continue double-knitting and work knit stitches in MC and purl stitches in CC to create a headband like the purple and thyme version on the cover. Or, switch it up and knit with CC and purl with MC for a mirrored version like the bluebird and persimmon version at right.

Round 21: using the same color you knit with in Rounds 18-20, *k1, p1, repeat from * to end.

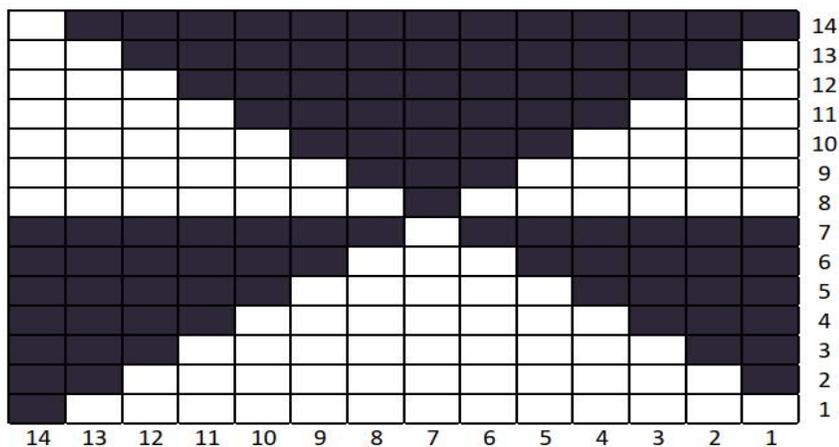
Round 22: sl1 * p2tog, repeat from * to last stitch. You'll end with a purl stitch, which you'll purl together with the knit stitch you slipped at the beginning of the round. (Here, you're taking care to make sure the knit stitches lay flat on the MC side and the purl stitches lay flat on the CC side.)

Bind off using the Icelandic bind-off in the same color you've worked the last round.

To do this, you'll work two stitches at a time as follows:

Reach your right needle through the first stitch on your left needle as if to purl and knit the second stitch through the first. Drop the old stitches off the left needle. Transfer the stitch on the right needle back to the left needle, rotating the stitch clockwise as you do. (I find it easiest to turn my right needle point to the right, rotating it away from me. Then I hold the needles parallel, and slip the stitch onto the left needle. Want to see a video? www.MorehouseFarm.com/tutorials has it!

Finishing: darn in ends and wet block using gentle soap (we like Palmolive) and lukewarm water. Squeeze out excess moisture by rolling in a towel. Lay flat to dry, gently shaping as needed.



 k in MC, p in CC

 k in CC, p in MC

